



Where to get help with paperwork

Forum Réfugiés (SPADA) - FOR ASYLUM SEEKERS

48 Route de Canta Galet - MON to FRI on

appointment, from 9AM to 5PM

Tel : 04.97.25.46.30 - Hotline MON to THU from

9AM to 11AM

First support, asylum procedure, mail

La Cimade

23 Rue Paganini - Tuesday from 2PM to 5PM, on

appointment

Tél : 07.57.47.91.33

@ : nice@lacimade.fr

Judicial advice for foreigners.

Habitat & Citoyenneté

28 Rue Dabray - Tuesday & Thursday from 10:30AM

to 6PM, Wednesday & Friday from 9AM to 5:30PM

Tél : 09.53.14.66.86

Assistance with administrative paperwork and more

Amnesty International

36 Rue Gioffredo - Wednesday from 2:30PM to

5PM on appointment

Tél : 06.41.12.56.13

Assistance and support during the asylum

procedure.



How to find your way



Interactive map of Nice

Designed for people in irregular situations, showing points of interest

Scan Me



115

Free and available 24/7
www.115-06.org

Phone the **115** for any **social emergency**.

Immediate intervention where you are (food supply, blankets, psychological help....) **Call many times if no one**

answers !



Shelter



Food



Hygiene



Healthcare



Paperwork



Information



SPADA 06

**Asylum seekers welcoming structure
(Structure Premier Accueil)**

the SPADA is the **first place you must visit to ask for asylum in France**. It is the starting point of the procedure.

Bus Schedules



Going to the SPADA

48 Route de Canta Galet

06200 Nice

By Bus line 62, stop Uletta

Schedules

Phone Hotline

Monday, Tuesday,

Wednesday, Thursday,

from 9AM to 11AM

04.97.25.46.30

spada06@forumrefugies.org

For Asylum seekers

Monday to Friday

from 9AM to 11AM

Appointments

from 9AM to 5PM



NICE



LA PETITE BROCHURE SOLIDAIRE



Where to find healthcare

Permanence d'Accès aux Soins de Santé (PASS)

30 Avenue Voie Romaine - 24/7

Pasteur hospital & emergency services

Adults without social coverage, Monday to Friday
from 9AM to 5PM

Tél : 04.92.03.77.77

Médecins du Monde (CASO)

162 Rue de France - Monday to Friday from
9AM to 5PM

Tél : 04.93.16.59.60

Support towards access to healthcare,
medical checkups .

Secours Populaire

39 Rue Vernier - Tuesday, Wednesday from 9AM to
1PM

Tél : 04.93.88.63.78

Psychological support, free & anonymous interviews.

French Red Cross

2 Ruelle Saint François - Monday &
Thursday from 2PM to 4PM

04.93.62.86.67

Medical checkups without appointment.



Where to shower

Public showers

Ruelle de la Halle-Aux-Herbes - Monday to
Saturday, from 7AM to 9AM for men and from
10AM to 11AM for women
0,30€ (towel, sponge, soap)



Where to eat

Petit déj solidaire

17 Rue El Nouzah

Everyday, from 7:30AM to 9:30AM

Breakfast + hot beverages.

French Red Cross

12 Ruelle Saint-François - Tuesday & Friday from
9:30AM to 11:30AM

Breakfast + hot beverages.

Fourneau économique

2 Rue Badat

Monday, Tuesday, Thursday, Saturday from
11:45AM to 12:45PM, hot meals at 1€

Tél : 04.93.92.60.44

Restaurant Armée du Salut

1 Rue Guigonis - lunches, Monday to Friday from
11AM to 12:30PM

Hot meals at 1€. Food giveaways at night



Street giveaways



Food Giveaways

- **Nice Ville railway station** - Tuesday &
Thursday from 8PM to 10PM
- **46 Boulevard Raimbaldi** - Saturday & Sunday
from 8PM to 10PM (next to the train bridge)
- **34 Avenue Malaussena** - Monday to Saturday
from 8PM to 9PM (next to the Thiole parc)
- **14 Avenue du XVème Corps** - Everyday from
7PM to 8PM
- **10 Rue Fodéré** - Monday, Wednesday, Friday
from 7PM to 8PM

Clothes Giveaways

- **2 Ruelle Saint-François (Red Cross)** -
Thursday from 9AM to 11AM.
- **2 Rue Badat (Fourneau Economique)** -
giveaways twice a week (if available)
- **52 Rue de la Buffa (Armoires de Jorge)** -
Tuesday & Thursday (10AM-4PM) / Wednesday
& Friday (10AM-1PM)



Where to rest/sleep

Secours Catholique' Daycare Center

23 Rue Paganini - Monday, Tuesday, Thursday,
Friday from 8AM to 10h30AM

Tél : 04.93.87.06.90



Social Daycare Center (CCAS)

14 Avenue du XVème corps - Monday to Friday
from 9AM to 4PM (except on public holidays)

Tél : 04.93.62.80.91



Emergency Sheltering Center (CCAS)

33-35 Rue Trachel - 7/7j

From 5PM, on proof of identity

Tel for Men : 04.89.98.20.14

Tel for Women : 04.97.13.53.44.

Free the first week, then 2,50€ per night.



Night's Halt Fondation de Nice

3 et 8 Rue Balatchano - 7/7j

Women starting at 5PM / Men starting at 7PM.
from September until the end of June.

Tél : 04.93.91.90.08

